

**Sonoma Coast State Park
Good Tidepooling Beaches**

Beach	Parking	Restrooms	Habitats	Hazards/Special Considerations	Max Tide
Campbell Cove	Yes	Yes	Sandy Beach Rocky Intertidal at Jetty & beyond	Doesn't face open ocean - safe for young children Need -0.5 negative tide to get to jetty & back	-0.5
Carmet	Yes (south side can be reached from Marshall Gulch)	No	Rocky Intertidal (Great biodiversity)	Degraded Trail Rocky intertidal area safe behind rocks	0.5
Furlong Gulch*	Carlevaro & Grill Way (north side)	No	Rocky Intertidal Sandy beach	Narrow trail can be slippery Difficult access if stream is running quickly after rains Rocky intertidal area safe behind rocks	0.75
Marshall Gulch	Minimal	No	Rocky Intertidal (Good biodiversity)	Rocks offer good protecton from ocean	0.5
Miwok	No. Salmon Creek parking lot	Yes	Estuary, Sandy Beach, Rocky Intertidal Good exposure of life on rocks up to +1.7 ft	Walk 1/2 mile to Miwok from parking lot Access can be difficult after severe winter erosion Rocky intertidal safe behind rocks	1.7
Schoolhouse	Large parking lot Easy access to beach	Yes	Rocky Intertidal (to the south) (Great biodiversity)	Beach itself is steep & coarse - not safe. Rocky intertidal is thru' the rocks to the south - immediately west of the parking lot. Rocks offer good protecton from ocean in that area	-0.5
Shell Beach	Yes	Yes	Rocky Intertidal (Great biodiversity)	Steep trail down to beach severely eroded Beach can be steep in areas but safe on north side behind rocks	0.5

*Furlong Gulch is unmarked beach south of Shell (Carlevaro Way)